**NO.4** 



Becoming U Uniting

















TUE

WED

Projects for 12

Pourh

FR

18pr olds in

Toormi &

2452

# Sept. Bongil Bongil Youth Collective stuff

Place of Plenty 4-5.30pm 

@ Grow The Music project studio

Cross Fit

@ Mission Cross Fit

"Terms apply,
enquire 7-8am

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Community & Families meal @ Toormina TABLE 2452 5-6.30pm BBYC's

Community

Centre

BBYC Morning Fitness @ William Bayldon Public School

7-8am

@ Toorming BBYC



3on3 Basketbal 'Flamin' Hoops Public School



3.30-5.30pm

3on3 Basketbal 'Flamin' Hoops @ Toorming 3.30-5.30pm BBYC

us on:

For further info contact



Public School

**SCAN BELOW** jemiller@uniting.org 0422 434 308



4-5.30pm

7-8am Cross Fit ® Mission Cross Fit Terms apply,

BBYC Co.Design workshops @ Toorming Community Centre

7

7-8am
BBYC
Morning Fitness @
William
Bayldon
Public
School

BBYC Co-Design workshops @ Toorming Community Centre Where We Meet Project 4-5pm

7-8am
BBYC
Morning Fitness @
William
Bayldon
Public
School

3on3 Basketbal

Public School @ Toormina 'Flamin' Hoops

BBYC

Community & Families meal @ Toormina TABLE 2452' Community BBYC's

5-6.30pm

@ Grow The Music

studio

project

Place of Plenty

7-8am Cross Fit ® Mission Cross Fit

Terms apply, enquire

Centre

4-5.30pm

@ Grow The Music

studio

project

Place of Plenty 4-5.30pm

Cross Fit @ Mission Cross Fit Terms apply, enquire

7-8am



26

7-8am
BBYC
srning Fitness @
William
Bayldon
Public
School

3on3 Basketball 'Flamin' Hoops' Public School @ Toormina BBYC

3.30-5.30pm





### LOCAL SPOTLIGHT



### Rising star Ade

At 13 years old, Toormina High student Ade kunle Amado-Taylor continues to excel as she sets her sights on running the 100 metre relay event at the NSW Championships at Sydney's Olympic Park in September 2024. After placing second in District and Regionals, Ade qualified for the State Champs- and said she felt "a sense of relief and pressure and happiness all at the same time".

Training four times a week, Ade's regime requires dedication and determination, consisting of early morning fitness sessions, hosted by the BBYC & ACE Performance sessions where she participates in speed and strength training "I plan on amping up my training and focusing on technique" Ade said.

Ade believes running keeps her physically and mentally fit "Running has a massive spot in my heart and I've loved it for many years, it gives me meaning". Ade is committed to the sport but admits there are challenges "a sponsorship or community help would assist with the funds needed to travel and compete at this higher level" Ade said.

A valued member of the BBYC, school and local community Ade dreams of pursuing her running and takes her inspiration from the first Aboriginal woman to win an individual Olympic gold medal Kathy Freeman "I strive to be like her, to be impactful" Ade said.

Some words of wisdom from the running super-star,

"Always remember no matter where you are, who you are or what you are you can achieve absolutely anything by putting in the hard work".

Well said Ade. Go for gold!





### BBYC PROJECT UPDATE



### 'Place of Plenty'







An exciting and diverse arts project designed for, by and with youth in Toormina and the 2452 area.

As the rain pours down on a Monday afternoon on the Mid North Coast, spirits are well and truly not dampened as the bus pulls into 'Grow the Music' studios in Toormina with a bunch of enthusiastic teenagers ready to engage in a mix of fun and creative activities.

First up is afternoon tea, always the most important start to any BBYC event-food! Once the group is fed and watered, everyone is wrangled from the food to the studio.

This vibrant group of diverse young individuals are using creative expression as a way of engaging with each other, culture and their community.

'Grow the Music' studios in Toormina serves as the bustling hub for brainstorming, planning, and collaborating, providing a space to explore a diverse range of artistic mediums and pursuits in one central location.

Through weekly guidance from community mentors, participants can nurture their artistic expression. Creators will be working towards an end of year exhibition and performance.

Whether you're a seasoned artist, a budding creative, or simply passionate about making a difference in Toormina, we welcome you to join us on our journey.

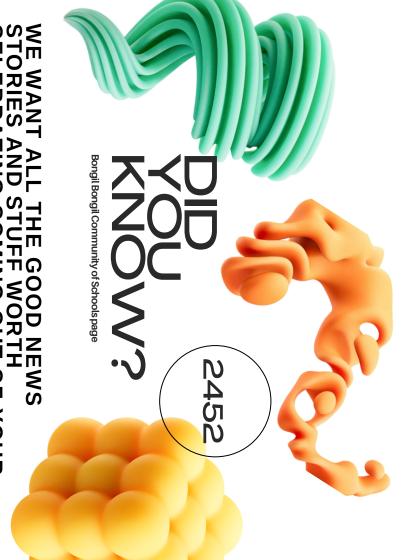
Together, we can continue to ignite creativity, foster connections, and build a brighter future for our community.

For more info and to register, contact jemiller@uniting.org or phone 0422 434 308.









WE WANT ALL THE GOOD NEWS STORIES AND STUFF WORTH CELEBRATING COMING OUT OF YOUR SCHOOLS...
AND ON TO THIS PAGE!

**GET IN TOUCH!** 





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FREE Contact Heather to regis FI AMIN'HOOPS hduncan@uniting.org Pizza provided

or contact 0422 434 308



WHO BBYC FAMILIES & FRIENDS

ON THE MENU BARBEQUE

PLEASE REGISTER BY CONTACTOR OF EMAIL SKEZIC@UN

WHEN WED 4TH SEPT 57M - 6.307M WHERE TOORMINA COMMUNITY CENTRE















YOUTH IN TOORMINA AND THE OF PLENTY, 'AN EXCITING AND DESIGNED FOR, BY AND WITH THE BBYC PRESENTS 'PLACE DIVERSE ARTS PROJECT 2452 AREA.



**FACILITATED BY LIZZY RUTTEN, JAMES LANDER & UNCLE KEV DUMAS** 

## MONDAY ARVOS | 4 - 5.30 PM

PARTICIPANTS CAN NURTURE THEIR ARTISTIC EXPRESSION, LEADING TO A PROJECT FOR LOCAL YOUTH TO SHOWCASE THEIR SELF-EXPRESSION AND COMMUNITY PRIDE. THROUGH WEEKLY GUIDANCE FROM OUR MENTORS AND COLLABORATION WITH DIVERSE LOCAL ARTISTS A SERIES OF YEAR-END EXHIBITIONS AND PERFORMANCES















**REGISTER NOW** 



### Visiting Service

and access our payments and services. We help you and your communities to understan

Your local Indigenous Service Officer is:

Angela

Visiting on:

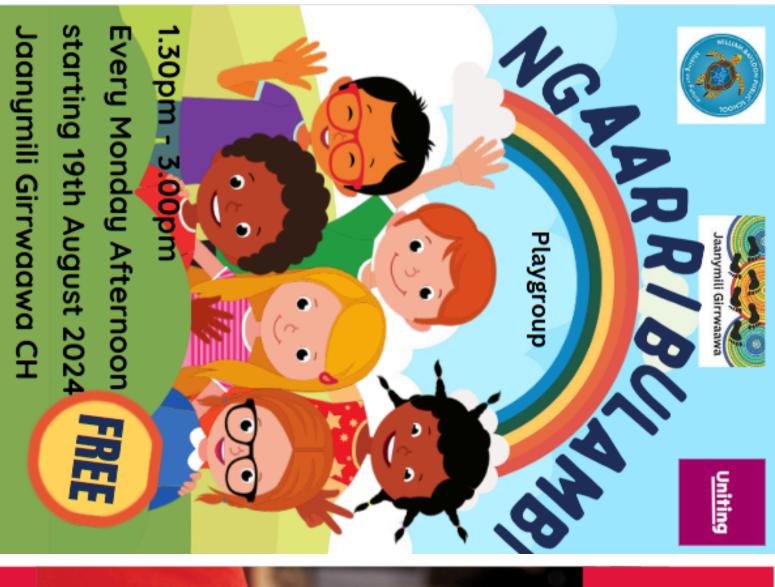
Wednesday 25th of September

10:30-12:30 pm

William Bayldon PS Jaanymili Girrwaawaa Community Hub -

For more information about payments and services you can call the Centrelink Indigenous Call Centre on Freecall TM 1800 136 380





### Come and talk to a Savings Specialist



We can help you access savings, rebates and NSW Government services including:

- Active and Creative Kids vouchers
- energy rebates
- transport and driving concessions
- toll relief rebate
- NSW Seniors Card
- NSW Senior Savers Card
- fee-free apprenticeships
- Pensioner Travel Vouchers and more

### Service NSW will be at

Address: Jaanymili Girrwaawaa

Community Hub - William Bayldon PS

Date: Tuesday 20th August 2024

Time: 9-12 pm



